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# Because I'm Disposable



## Synopsis

Sixteen-year-old Callista Tanner was in the bathroom slitting her wrists the night her father took a fatal plunge down the stairs. People around her think she attempted suicide because she found him dead—or worse, because she had a guilty conscience. Few know the truth; Michael Tanner had been beating her for years. The freedom that should have come with her father's death becomes a cage of rumors and self-doubt. Callie seeks escape in the most destructive ways, bringing her emotional scars to the surface for the world to see. One bright spot exists in Callie's dark world. Lincoln Devaux refuses to let Callie sink fully into the depths of her own depression, stepping into her life when she needs someone the most. She tries to push him away, but Link is determined to save Callie from herself. Even when she doesn't think she's worth saving

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## Customer Reviews

I tried to kill myself the night my father died. That's the opening line of *Because I'm Disposable* by Rosie Somers. It's one of those opening lines that really grabs you by the throat and drags you into the story of a deeply scared and wounded young lady who you just want to embrace and tell

her it's all be alright. I became attached very quickly to Callie Tanner, a brave young girl who while I know is a work of fiction, was so very real for so many reasons. Author Rosie Somers tells the story from her POV, using Callie's distinctive voice to paint a picture of a young girl who spent her life petrified of her father. Once gone, you'd think everything would be alright, but learning to heal is often not that neat and tidy. Callie's recovery from suicide is defined by two different people. Lincoln, the boy who lives across the street and comes from a loving, supportive family and Mona, a girl who introduces her to smoking, pot and cutting classes. Going from a girl who was terrified of being anything but perfect, Callie starts making one bad choice after another, all the while Lincoln desperately tries to help her. Unfortunately, Callie has to hit bottom before she can get the help she needs. My biggest issue with *Because I Can* is that I wanted more. I wanted to see more of the healing and how things went for her. I really can't care about Callie and I was invested in her. I cared about her. Rosie did such a fabulous job bringing her to life, I wanted more. I still do. *Because I Can* is a light read. After meeting Callie, you'll want to hug her, yell at her and just take care of her. And you'll miss her when it's over. It may be difficult for some to read this, but it's worth it. I was moved by Callie's story, and found myself thinking about her well after finishing the novel. It's one of those stories you'll go back to. Rosie Somers did a wonderful job and I'd highly recommend this to everyone.

3.5 stars Callie hasn't had it easy in any way. As she starts to put the pieces of her past in order she recognizes that although facing her greatest threat was hard, healing and moving on can be even harder. By no means was this a light and easy read, but Callie's story was interesting and wanting to see her achieve some order in her life was what kept me reading throughout. The pace of the story dragged in places, but this I attribute to Callie's frame of mind. Her thought process tended to veer off course, but considering what she had been through and how she struggled to get over it, I came to overlook it easily. I would have appreciated a bit more character development though, but the story was too short to allow for that. It helped that the author didn't pull any punches when telling Callie's story for it made it easier for me to understand where she was coming from. Callie's journey of self-discovery touched on many points, especially on the hardships of being a teenage girl in high school while trying to find yourself. Confusion, doubts and rebellion were among the emotions that

Callie portrayed, which helped to paint a more realistic picture of her journey. Overall, I enjoyed Callie's story. Although her growth was slow in coming, at least it felt realistic--especially for a teenage girl who had so much to get over. All in all, an emotional coming of age story.

Because I'm Disposable is one of those issue driven stories than pulls you in on the first page and spits you out at the other end. But only after pulling you through an emotional ride. (Don't worry though, it's a happy ending.) And boy, Rosie Somers sure knows how to make the reader feel Callie's emotions. Sixteen year-old Callie has just gained her freedom, somewhat, when her abusive father dies and it seems she doesn't quite know what to do with it. Because I'm Disposable covers self harm, drugs, underage drinking, cutting school, and if all that wasn't enough, death. But the way Somers' twists all of that into the plot, it doesn't feel like too much. Lucky Callie has good guy Link to look out for her as she wades her way through all those troubled waters. And let me tell you, Link is one helluva good guy. He sticks by Callie through her disastrous choices and on more than one occasion is a chivalrous knight in shining armour. I kind of want my own Link. My only complaint about Because I'm Disposable is that in some scenes it was quite bloody -- if it were a movie I would have been covering my eyes until the nasty bits were over. Also, at only 125 pages it's a really fast read. I kind of wished there was more. I wanted to see more of Callie's story and just how she started healing and overcoming her issues with the ever-perfect Link by her side. Seriously, is there a Link out there for me yet? 4.5 stars from me.

Honestly the only reason I gave this a 3.5 was because Link reminds me of the one person who is just as patient as him, my fiance Terence. If I would recommend reading this it would be so people can understand how to deal with someone like myself that cuts (it's been a year since I haven't but I did it for 11 years so it's a struggle) more people need to learn. More people need to understand. That is all.

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